

# Join the Study That Could Change Everything



Parkinson's  
Progression  
Markers  
Initiative

The Parkinson's Progression Markers Initiative (PPMI) is the premier Parkinson's research study from The Michael J. Fox Foundation.

PPMI aims to better understand how brain disease starts and changes.

**Now it needs you.**

## Benefits of Participation

- You play a role in better health and care for all
- You get access to world-class Parkinson's experts
- You contribute to the most robust data set in Parkinson's research
- Once enrolled, PPMI covers the cost of study-related travel
- You may be compensated for completing study visits

**PPMI is open to anyone over age 18 in the U.S., but certain groups are especially needed:**



### Recently Diagnosed with Parkinson's Disease

Medical centers are enrolling people with Parkinson's disease (PD) who have been diagnosed within the last two years, and who are not yet taking standard PD medications.

60+

### Age 60+ without Parkinson's Disease

Age is a risk factor for PD, and so is smell loss. PPMI asks everyone not diagnosed with PD, age 60+, in the U.S. and Canada to take a scratch-and-sniff test.



### Act Out Your Dreams

REM sleep behavior disorder (RBD) is a condition that causes some people to punch, kick or yell while they sleep. It may be a risk factor for brain disease.

18+

### Anyone Age 18+ in the U.S.

Anyone age 18 and older in the U.S. — with and without Parkinson's — can join PPMI. Share valuable data on health and wellness in our online platform.

**Find your PPMI starting point  
at [michaeljfox.org/ppmi](https://michaeljfox.org/ppmi)**